



Deepening Self-Expression and Creativity Retreat in Santa Fe, New Mexico – June 14 – 19th, 2011

An Intuitive Painting and Writing Immersion

- Expand your self expression with soul satisfying creative expression.
- Following the pen and brush without rules, goals, expectations, or judgments.



Perfect for anyone who desires to **ignite** and **enliven** creativity, is open, is at a crossroads in life, an artist or writer, an aspiring artist or writer, or who just wants to explore and have fun.

Whether one is a practiced writer-artist, or someone who has never painted or written before, the processes in this retreat engage the intuitive brain allowing your authentic create voice to emerge. Your experienced facilitators will provide a nurturing, safe, and supportive environment for discovery and exploration.

Facilitators:

Heloise Jones, Author www.heloisejones.com

Heloise loves the surprise of what emerges on the page. She uses neutral prompts and free-writing exercises to awaken that discovery in others, whether memoir, contemplative explorations, or fictional stories. Participants will share the work they create at the end of each exercise.



Lindy Teresi, Artist www.paintinginnervoice.com

Lindy has been creatively expressing for over 30 years, bringing her love of this intuitive process into assisting others to free creativity and access their own inner wisdom.

*Come - Enjoy **sharing**, **writing**, **painting**, **relaxing**, **good food**, and **PLAY** in community.
No experience necessary....really! A heartfelt nurturing gift you give yourself !*

Where: Dream Catcher Ranchito; Santa Fe, NM www.dreamcatcherranchito.com

Santa Fe Rustic adobe hacienda in the high desert, southwest of Santa Fe offering fresh home cooked meals, hiking, stars, animals and quiet.

When: Tuesday 5 pm, June 14; Close Sunday 12:00 pm, June 19

Cost: \$1025 - \$250 non-refundable deposit to reserve your spot.

Includes: 5 nights lodging in shared room, delicious meals, all art materials, painting and writing workshops each day



Contact: Lindy (505) 660-3435 or email lindy@paintinginnervoice.com
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